

# EMERGENCY QUICK REFERENCE GUIDE

Always call 9-1-1 first for assistance until help arrives.



## Medical Events

Check for responsiveness and call 9-1-1 first.

Bleeding: Apply pressure with gauze or cloth.

Cardiac Arrest: If trained, begin CPR. Find and use the nearest AED kit and follow the instructions.

Mental Crisis: call 9-8-8.



## Human Threats

People with or threatening to use firearms, sharp objects, explosive devices or blunt objects used to harm or damage property or people must be reported to 9-1-1 or UPD at (408) 924-2222.

Download the Spartan Safe app by scanning the QR code at the bottom of this guide.



## Earthquakes

Get under the largest, sturdiest table and hold on to the base until the shaking stops. Do not stand in doorways; they are not safe. Stay away from heavy furniture or hanging items.

When safe to do so, or when in doubt, exit the building into a large open area.



## Biohazards

Colleges and departments have established rules around the use and storage of hazardous materials. SJSU Environmental Health and Safety (EH&S) is the ultimate authority for all such safety standards on campus.

Go to [go.sjsu.edu/EHS](https://go.sjsu.edu/EHS) for all information and guides on lab and workplace safety.



## Fire Safety

For smaller fires, use fire extinguishers and alert the appropriate authorities. Do not throw water or attempt to smother with clothing or similar items. Even if put out, report fires to UPD or 9-1-1.

For larger fires, pull the fire alarm and leave the area or building. Leave items behind and help others to safety.



## Air Quality

Unhealthy air quality is defined by an air quality index (AQI) above 150.

Limit time outdoors, wear an N95-grade respirator when advised, close windows and turn air conditioning to recirculating mode. SJSU will alert the campus if other measures are needed or campus operations change.



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