

M.S. - KINESIOLOGY PSYCHOSOCIAL ASPECTS OF SPORT & PHYSICAL ACTIVITY SPECIALIZATION

Earn your MS in Kinesiology from San José State University!



HIGHLIGHTS

- Use quantitative and qualitative research methodologies to examine sport and physical activity.
- Increase cultural fluency and knowledge about human interactions, movement, fitness, performance, and management.
- Focus on psychological and sociological approaches to improve sport and physical activity experiences.

“The Graduate Program at San Jose State University is where you can expect to find nothing short of unflinching support and dedication from faculty in pursuit of your chosen end goal.

I can happily say that I achieved that goal with admission into West Virginia University’s Sport, Exercise, and Performance Psychology Ph.D. program. If jumping into the field of sport psychology or sport sociology is where your interest lies, you would be extremely well advised to consider this program!

- Dr. Matt Gonzalez, '17 (right)



Why Earn an M.S. in Kinesiology at SJSU

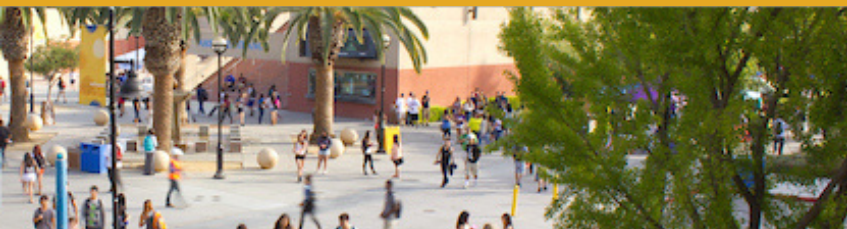
- Understand and apply psychological and sociological approaches to address important issues in sport and exercise subcultures.
- Advance your knowledge through a student-developed, goal-focused, program of study.
- Complete several areas of AASP CMPC coursework.
- Work with faculty in a supportive and encouraging interdisciplinary learning environment.



The specialization in Psychosocial Aspects of Sport and Physical Activity encompasses a variety of approaches to the study of sport and the body and comprises theories and research methodologies from psychology, sociology, history, philosophy, and cultural studies of sport.

PROGRAM ENTRY REQUIREMENTS

- 3.0 GPA in last 60 semester units, (2.75 and above considered)
- Complete Cal State Apply application
- Two letters of recommendation



COURSEWORK

CORE COURSES

- KIN 250 - Fundamentals of Quantitative Research
- KIN 251 - Fundamentals of Qualitative Research

SPECIALIZATION SPECIFIC COURSEWORK

- KIN 264 - Sport Sociology
- KIN 267 - Advanced Sport Psychology

ELECTIVES

Electives are chosen with your academic advisor to bolster your program of study.

Examples include:

- KIN 167 - Sport Psychology
- KIN 168 - Psychology of Coaching

The MS KIN program is the reason why I have a Ph.D. The faculty nurtured my intellectual growth regarding sports utility in international development while also setting the foundation for my critical and theoretical academic journey. Without their unwavering support, I would not be in my position at SJSU now.

- Dr. Michael Dao, '13 & '10
Assistant Professor
San José State University



With the goal of implementing less harmful practices and more inclusion for participation in physical activity my time in this program has provided a newfound confidence in my ability to take on challenges bigger than myself. Through a critical lens, this program has challenged me to find ways where I and the industry as a whole can do better for their athletes and clients."

- Kendra Campbell, '23
Fitness Entrepreneur

Curious to learn more? Contact Us!

For information about the Masters of Science in Kinesiology at SJSU, contact graduate coordinator Dr. Cole Armstrong at cole.armstrong@sjsu.edu, and visit our website: <https://www.sjsu.edu/kinesiology>

Questions about the university graduate application process? Contact the College of Graduate Studies at grad-admissions@sjsu.edu.

Apply Now: www.calstate.edu/apply