

Kinesiology Minor Curriculum Proposal Form - 18 Total Units

First Name		Student ID#	
Last Name		Email	
Current Major			
Expected Semester and Year of Graduation			

- a. All courses listed on this curriculum proposal form must be formally approved by KIN Undergraduate Advising Manager, Daniel Bohigian, and KIN Undergraduate Coordinator, Dr. Erin Siebert.
- b. Once formally approved, the curriculum must be followed as indicated on this form.

1. Complete KIN 70 - Introduction to Kinesiology: 3 units

Name of Institution	Course #	Course # at SJSU	Course Title	Units	Semester and Grade
		KIN 70	Introduction to Kinesiology	3	

2. Complete One Upper-Division KIN Course From the Selections Below: 3 units

Course Number and Title	Prerequisites	Units	Semester and Grade
KIN 155: Exercise Physiology	KIN 70, BIOL 66, & CHEM 30A	3	
KIN 158: Biomechanics	KIN 70 & BIOL 65	3	
KIN 165: Motor Development	KIN 70	3	
KIN 166: Motor Learning	KIN 70 & BIOL 66	3	

3. Complete One Upper-Division KIN Course From the Selections Below: 3 units

Course Number and Title	Prerequisites	Units	Semester and Grade
KIN 160: History of Sport and Physical Education	KIN 70	3	
KIN 161: Philosophical Perspectives of Sport	KIN 70	3	
KIN 164: Sociocultural Perspectives of Sport	KIN 70	3	
KIN 167: Psychology of Sport	PSYC 1	3	
KIN 168: Psychology of Coaching	KIN 70	3	

4. Complete Two KIN Upper-Division Guided Electives: 6 units

Course Number and Title	Prerequisites	Units	Semester and Grade
		3	
		3	

5. Complete Three KIN Activity Courses From Three Different Movement Areas: 3 units

NOTE: Remember to complete the two unit SJSU PE requirement per SJSU Undergraduate Requirements. The three unit activity requirement for the KIN Minor is in addition to the two unit SJSU PE requirement.

Course Number and Title	KIN Activity Movement Area	Units	Semester and Grade

6. KIN Minor Applicant's Written Justification for Each KIN Course Listed

Offer a minimum of one 8 to 10 sentence explaining (a) how a KIN minor will benefit your current and future academic goals and (b) how each course listed in the curriculum proposal helps you reach stated goals. Be as specific and detailed as possible.

7. Signatures Indicating Formal Approval of Curriculum

	Signature	Date
Advising Manager: Daniel Bohigian daniel.bohigian@sjsu.edu		
Undergraduate Coordinator: Erin Siebert erin.siebert@sjsu.edu		

Advisor Notes

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